



HARRIS CREEK LIFE GROUP

CURRICULUM

WEEK 1 /// AUTHENTIC OVERVIEW

DISCUSS

Before you begin, take some time to answer the following questions:

- Who is the most authentic person you know? Why would you describe them that way?

- How many people would you say know “the real you”?

WATCH

Watch the video [“Authentic”](#) from the Harris Creek Community Team as a group to begin your time together.

DISCUSS

After watching the video, discuss the following questions:

- Why is authenticity so important in a Harris Creek Life Group?

- Does authenticity come easily to you or is it difficult? Why do you think that is?

- Off the top of your head (without looking), what do you think the Bible has to say about living authentically?

READ

Have someone in the group read 1 John 1:5-10 out loud.

UNDERSTAND

After reading the passage, discuss the following questions as a group:

- What does it mean to walk in the light instead of the darkness?
- Re-read v. 9. Is the spiritual discipline of confession new or commonplace for you? Do you really believe that your sins will be forgiven?
- Why is confession of sin so important when it comes to creating a culture of authenticity within your Life Group? Why is it important for your group to know your “ditches”?

APPLY

At Harris Creek, we have found the best way to launch new groups is by starting with Life Maps. Life Maps are simply a way to categorize your life and your story chronologically in a way that will help the other members of your group understand you, your upbringing, and your story of faith. We recommend that it's the first thing your group does out of the gate so you can get to know one another quickly.

To read more about Life Maps and how to start creating your own, visit harriscreek.org/lifemap.

You'll want to allow 20 minutes for each person to tell their story, along with 10 minutes for others in the group to ask questions. We recommend either doing 2-3 per week until everyone in the group has gone. Prioritize each of these meetings so everyone can hear each other's stories!