

Integrate Discussion Guide- October 14

Today's Bible Story: Say Anything (No Secrets with God) • 1 John 1:9

Today's Key Question: What do you talk to God about?

Today's Bottom Line: Being truthful with God keeps you close to Him

Monthly Memory Verse: *Whoever walks in integrity walks securely, but whoever takes crooked paths will be found out. Proverbs 10:9, NIV*

Monthly Life App: Integrity—Choosing to be truthful in whatever you say and do

ASK

- What are some things you might say to a doctor?
- What about God? What are some things you might talk about with God?
- What does John tell us about God in this verse? (*He is faithful, He forgives, He makes us pure, He is fair*)
- What does it mean that God is faithful? (*always there, never lies, trustworthy*)
- What does it mean “to confess our sins”? (*admit when we've done something wrong*)
- If God knows everything, why should we confess to Him?

DO

- How does talking to God affect your relationship with Him? (To spark discussion, **ask:** how does talking to your friend affect your relationship with them? What would happen if you decided to ignore your friend? (*This is an opportunity to emphasize that talking to God helps you to know Him better and to stay close to Him. Just like if you ignored a friend, if you didn't talk to God you would miss opportunities to know Him.*)
- Do you talk to God? What's preventing you from doing it?
- How will you change how you talk to God this week?

PRAY

“Dear God, Thank You for loving us so much! We know You want us to draw near to You. You sent Jesus so we had a way to be with You now and forever. God, because of Jesus, we know nothing can separate us from You, and yet sometimes we try to hide things from You. Sometimes we hide our mistakes, our embarrassing moments, or we simply hide the things we think aren't interesting. But God, You are interested in everything about us, and that is AMAZING to think about; the God of all creation desires to hear from each of us. God, we ask You to remind us to share our lives with You, all of our lives, and we ask You to guide our words and our actions to be truthful and to reflect Your integrity to others. We love You!! In Your name! Amen!”